

Female Tonic (Homeopathic Extract)



Recommended Use:

- Female conditions
- Hormonal balancing

Female Tonic is a homeopathic preparation formulated for the restoration of hormonal balance in women. It is widely prescribed in Germany to female patients as a supportive remedy for physical and mental exhaustion; sleeplessness; menopausal disturbances; hot flashes; premenstrual syndrome; metabolic disturbances; depression and irritability. Symptoms of hormonal imbalance vary from individual to individual. Common symptoms include PMS (mood changes, cravings, bloating, breast tenderness, water retention, etc.), menopausal symptoms (hot flashes, vaginal dryness, moodiness, depression, etc.), and irregular periods with cramps and fatigue.

The combination in Female Tonic is designed to help the body balance and regulate the hormones and it is an excellent tonic for overall women's menstrual health. It increases circulation in female organs and the intestinal tract, stimulates the liver functions, strengthens the myocardium, calms the nervous system, and increases detoxification of the kidneys.

Ingredients:

- Agnus cactus
- Ambra grisea
- Caulophyllum thalictroides
- Cimicifuga racemosa

Uses:

- Nervous irritation.
- Dysregulation of autonomous nervous system, arteriosclerosis.
- Menstrual and uterine disorders.
- Genital spasms, menstrual troubles, menopause, nervous excitation, depression.

- Cinchona officinalis
 - Convallaria majalis
 - Crataegus oxyacantha
 - Crocus sativus
 - Cyclamen europaeum
 - Damiana
 - Helonias dioica
 - Hydrastis canadensis
 - Lilium tigrinum
 - Naja tripudians
 - Rosemarinus officinalis
 - Senecia aureus
 - Staphysagria
 - Viola odorata
- Sepsis, exhaustion, neuralgia.
 - Heart weakness.
 - Heart and circulation disorders.
 - Bleeding, painful cramping.
 - Headaches, migraine, vertigo.
 - Sexual weakness.
 - Uterine prolapse, exhaustion.
 - Inflammation.
 - Uterine prolapse during menopause.
 - Anxiety, confusion, pain, grief, sadness.
 - Muscle cramping, depression, lethargy.
 - Inflammation of genital organs, menstrual disorders.
 - Persistent burning sensation, feeling of urine still in the urinary tract, associated feelings of restlessness and anger.
 - Cradle cap, itching eczema.

Clinical Pearls

Female Tonic is known in Germany to specifically regulate hormones during menopause. It is for overstrained women and helps to deal with stress and strengthen the body and balance the mind. It is recommended to take Female Tonic for four weeks, then take a break and repeat until symptoms resolve.

Because of its 18% volume alcohol content, Female Tonic should be prescribed with caution in cases such as liver diseases, alcoholism, epilepsy and during pregnancy.

Refer to female conditions and endocrine protocols for more details.



Medicinal ingredients:

- Rosemarinus officinalis (flowering twigs) D1
- Viola odorata (whole plants) D1
- Cinchona officinalis (bark) D2
- Helonias dioica (root) D2
- Agnus cactus (berries) D3
- Ambra grisea (secretions of the liver or intestines) D3
- Cimicifuga racemosa (rhizome) D3
- Convallaria majalis (whole flowering plant) . . D3

- Crocus sativus (stigmata) D3
- Cyclamen europaeum (tuber) D3
- Damiana (leafy twigs) D3
- Hydrastis canadensis (rhizome and roots) . . . D3
- Caulophyllum thalictroides (roots) D4
- Lilium tigrinum (whole plant in flower) D4
- Senecio aureus (whole plant) D4
- Staphysagria (seeds) D4
- Naja tripudians (venom) D8
- Crataegus oxyacantha (fruits) D24

Non-medicinal ingredients: Ethanol.

Recommended dose (adults): Take 30 drops (1 ml) 2 - 3 times daily or to be used on the advice of a health care practitioner. (Adults - acute condition): 30 drops (1 ml) every 15 - 60 minutes (up to 12 times per day) or until improvement of symptoms or to be used on the advice of a health care practitioner.

Caution/warnings: Consult a health care practitioner if symptoms persist or worsen. Consult a health care practitioner if you are pregnant or breastfeeding.

DIN-HM 80002639 • 250 ml