

HeparPlex (Herbal Extract)

Recommended Use:

- ▶ Liver Support
- ▶ Liver repair

HeparPlex is a combination of two botanical ingredients: Milk Thistle (*Silybum marianum*) and Schizandra berry (*Schizandra chinensis*). These two herbs have significant liver protective and healing characteristics.

Milk Thistle (Silymarin) has been found to be protective for liver cells against various toxins and stimulates the liver's own regenerative powers. Two mechanisms of action have been put forth on the therapeutic effects of silymarin. It changes the structure of the outer cell membrane of hepatocytes, reducing intracellular penetration by hepatic toxins. It also stimulates nucleolar polymerase A, which increases ribosomal protein synthesis and thus stimulates hepatic regeneration and new hepatocytes formation.

Schizandra berry (*Schizandra chinensis*) contain lignans, mainly schizandrins, which act to prevent liver damage, promote liver repair and stimulate normal liver functioning. Other identified active ingredients in Schizandra berry include sesquicarene, schizoandrol, citral, phytosterols (stigmsterol, beta-sitosterol) and Vitamin C and E.

Ingredient:

Milk thistle

Schizandra berry

Indications:

Hepatic stimulant & tonic, galactogogue, demulcent, cholagogue.

Hepatic stimulant & tonic, immune activator, antioxidant.

Special Comments:

HeparPlex is suitable for liver support and enhancing the detoxifying function of the liver in cases of toxic liver damage or drug-induced hepatic lesions. It is indicated as adjuvant in the treatment of chronic inflammatory liver disease and liver cirrhosis. Adjunct therapy with HeparPlex, removal of any harmful substance (i.e. alcohol in alcohol-induced cirrhosis) is required for successful treatment outcome.

For systemic or constitutional conditions related to liver damage, consider A-Hepatica or Taraxa. HeparPlex is not intended for long term use.



Medicinal Ingredients:

Each vegetarian capsule contains:
 Milk thistle (*Silybum marianum*;
 30:1 QCE 7950 mg, 40% silymarin, fruit) 265 mg
 Schisandra (*Schizandra chinensis*; 4:1 QCE 1000 mg, fruit) 250 mg

Non-medicinal Ingredients: Magnesium stearate, silicon dioxide, hydroxypropyl methylcellulose (capsule shell).

Recommended Dose (adults): Take 1 capsule 2 times a day or as directed by a health care practitioner. For prolonged use, consult a health care practitioner.

Duration of use: Use for a minimum of three weeks to see beneficial effects.

Caution/warnings: Consult a health care practitioner prior to use if you have impaired liver function or if diarrhea persists. Consult a Chinese health care practitioner prior to use in cases of exterior condition or when there is heat from excess in the interior.

Contra-indications: Do not use if you are pregnant or breast feeding. Do not use in individuals with known or suspected sensitivity to the listed ingredients.

NPN 80012926 • 60 capsules

